

Deeply Rooted Week 3:

Sacred Relationships

Scripture: [Exodus 19:1-19](#)

Video Lesson:

<https://vimeo.com/606200383>

Our Prayer:

Loving God, we pray that our relationship with You would mirror Your covenant with the Israelites, as we follow Jesus' commands to love God and love our neighbors.

Memorable Quotes:

“The beauty and the tragedy of the modern world is that it eliminates many situations that require people to demonstrate a commitment to the collective good.” — Sebastian Junger, *Tribe: On Homecoming and Belonging*

“A covenant is about relationship, a relationship that invites and presumes a transformative change in both persons.”
— Br. Curtis Almquist, “[The Covenant with Abraham and his Descendants](#)”

Questions for Reflection:

- Icebreaker: Share about a promise or a commitment you've made; why was it important to you?
- What do you imagine it was like for the Israelites, newly freed slaves, to be called by God to become a nation of priests?
- Is a covenant with God different from a commitment to another human? Why? Should it be different?
- As we continue to meet as a group, what values or principles do we want to guide our discussions and our life together?

Practices to Adopt:

- Reread [Exodus chapter 19](#), and read [Genesis 17](#); think on any promises you have made to God, or God to you
- Pray this week's prayer (above)
- With your group, talk about what expectations are important to keep you together as a group. Create your group's working covenant using the [Floris/Restoration Sample Life Group Template](#)
- Read [Ecclesiastes 4:7-12](#) and consider some of the ways that our partnerships and commitments to other people keep us going

Resources to Go Deeper:

Bible Project ([The Covenants](#) or [Covenants: Backbone of the Bible](#))

Bible Study Tools website, “[Covenant](#)”

Br. Curtis Almquist, “[The Covenant with Abraham and his Descendants](#)”

Walter Brueggeman, [The Covenanted Self](#) or [Journey to the Common Good](#) ; article “[Covenant as a Subversive Paradigm](#)”