

“Bored Jar” activities

- Learn the guitar
- Make a virtual call to grandparents
- Play with sidewalk chalk
- Make flower and leaf prints
- Make a scrapbook
- Make hot chocolate
- Make a treasure map
- Make a robot out of cardboard
- Play with sock puppets
- Play hide and seek
- Run through the sprinkler
- Play dress up
- Make a fashion show out of fancy clothes
- Potato painting
- Play ‘I spy’
- Read library books
- Invent a new craft
- Coloring
- Play with pets
- Make fingerprint animals
- Ride your scooter
- Ride your bike
- Pretend to be a king/queen
- Learn to play chess
- Water the plants
- Clean up your bedroom
- Clean up the playroom
- Bake a cake
- Make mud pies
- Find things the color of the rainbow
- Make a card
- Pick a picture and copy it
- Look up places around the world
- Find bugs
- Write a poem
- Do a nature scavenger hunt
- Take pictures with a camera
- Make a pirate ship
- Draw a family tree
- Draw a map of your neighborhood
- Wash the car
- Make a pretend café/restaurant
- Do a magic show
- Make paper airplanes
- Play with superhero toys
- Play with dolls
- Play with blocks
- Take a picture every hour to record day
- Play a board game
- Have an indoor picnic
- Make something with beads
- Do an alphabet scavenger hunt (find something that begins with each letter of the alphabet)
- Do some math exercises
- Write a letter to your friend
- Build with Legos
- Make a gift
- Play with playdough/salt dough
- 5 minute dance party
- Do 25 jumping jacks
- Run the house stairs 5 times
- Work on a puzzle
- Paint rocks
- Draw a picture blindfolded
- Q-tip painting
- Check the mailbox
- Make your bed
- Feed the pets
- Make instant pudding or Jello
- Make a pinecone bird feeder
- Make a sun catcher
- Make a leaf bookmark
- Create a sugar scrub
- Do a worksheet from school
- Make shadow puppets
- Write words that rhyme with _____
- Have a teddy bear picnic/tea party
- Invent and draw a new animal
- Make a card tower
- Make up a dance
- Write a comic book
- Play ‘Simon Says’
- Build a fort
- How many words can you make from the word _____
- Draw with water on the sidewalk
- Play hopscotch
- Create a board game
- Play a musical instrument
- Make an obstacle course
- Sort out some toys to donate
- Pick a recipe to cook
- Do a science experiment
- Be an explorer on the mountain of your house
- Do a project researching (person, place, moment in history)
- Meditate or mindfulness activity
- Make your own puzzle
- Write about your favorite day this week
- Make a fairy house or dollhouse
- Draw a scene from your favorite book
- Run a relay race around the block
- Make a ‘Claymation’ video
- Create a diorama from a favorite story
- Clean the bathroom sink with bath bubbles