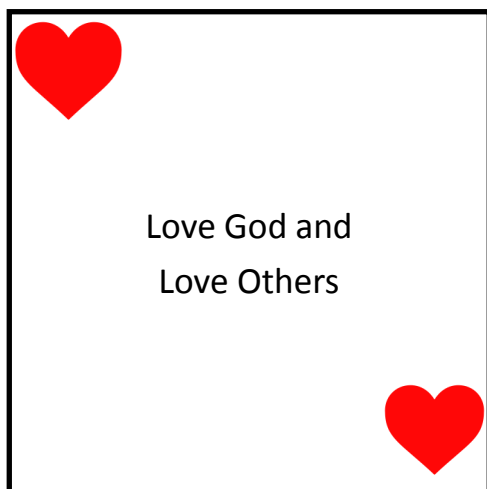
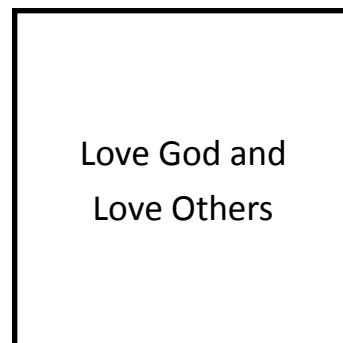


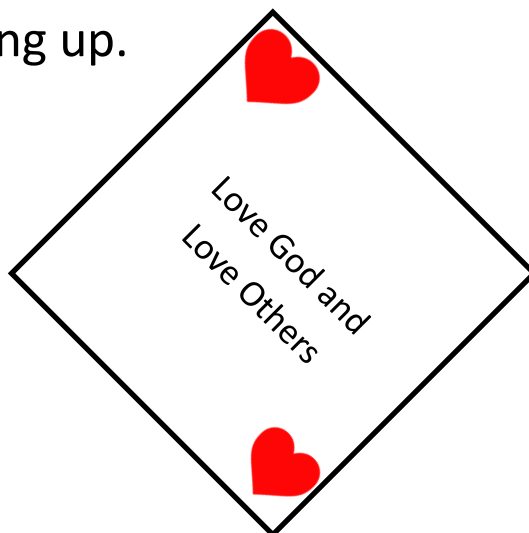
A Fun Way to Fold a Message

1. Use a square piece of paper. Write your message (like “Love God and Love Others”) in the center of your piece of paper.

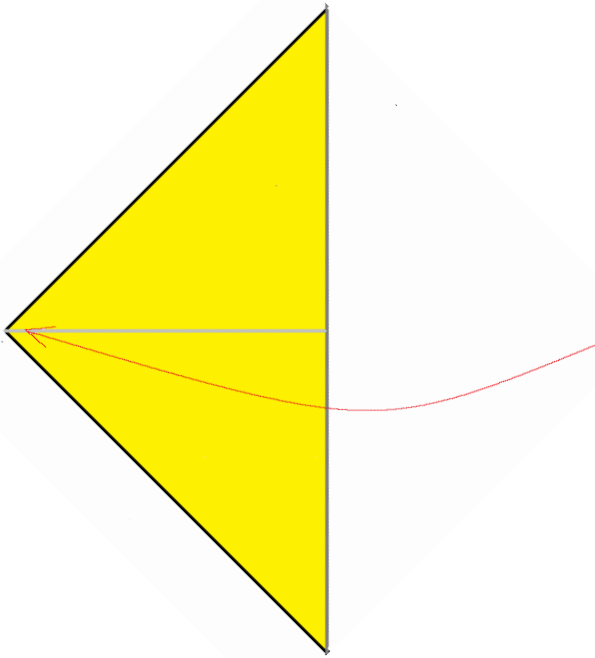
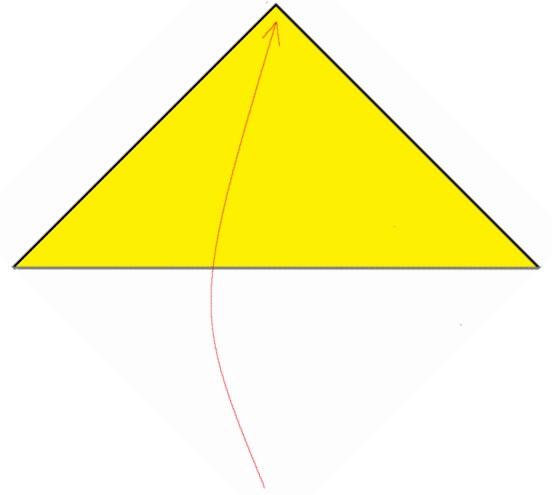


2. Write or draw different ways you can show love to God and to others. If you'd like to, you can choose to write a letter to yourself or to someone you love.

3. When you're finished with your message, lay the piece of paper in front of you so the square looks like a diamond and the writing is facing up.

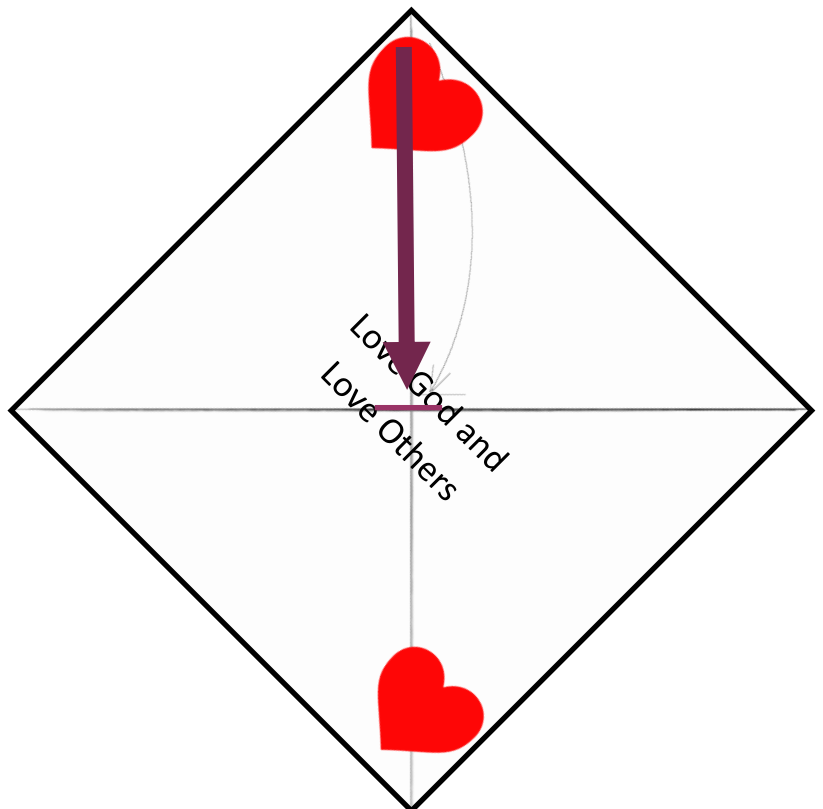


4. Fold the bottom corner of the paper to the top corner to make a triangle. Crease well, and then unfold.

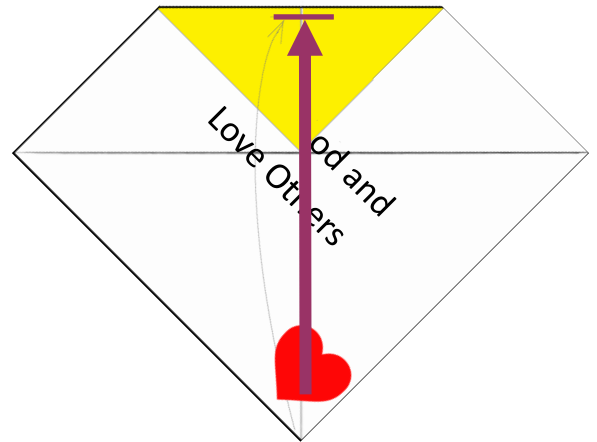


5. Turn the paper to the other two corners of the diamond and repeat: Fold the bottom corner of the paper to the top corner to make a triangle. Crease well and then unfold. The creases you have made should form an X.

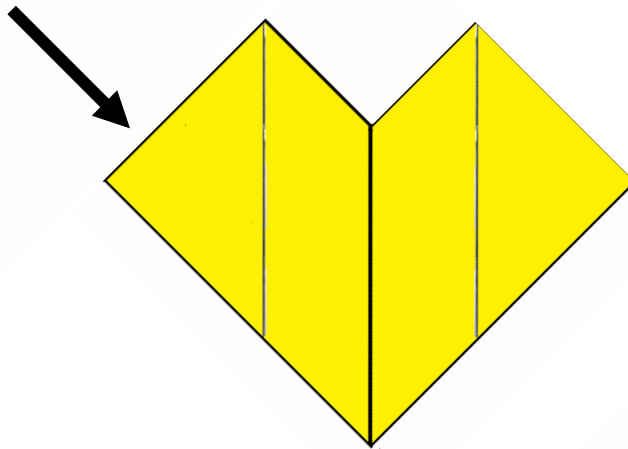
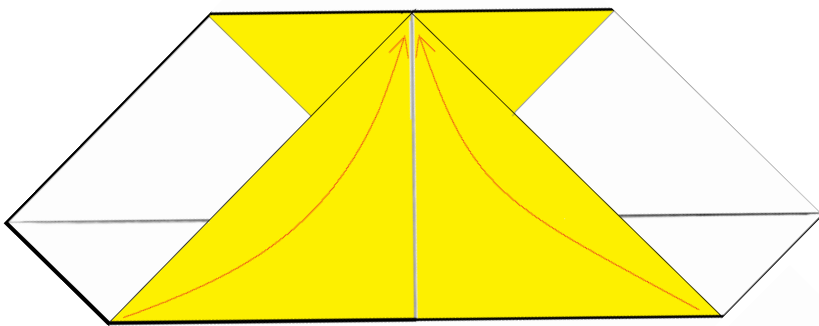
6. Put the diamond shaped square in front of you, unfolded. Fold the top corner down to the center fold line. Crease well.



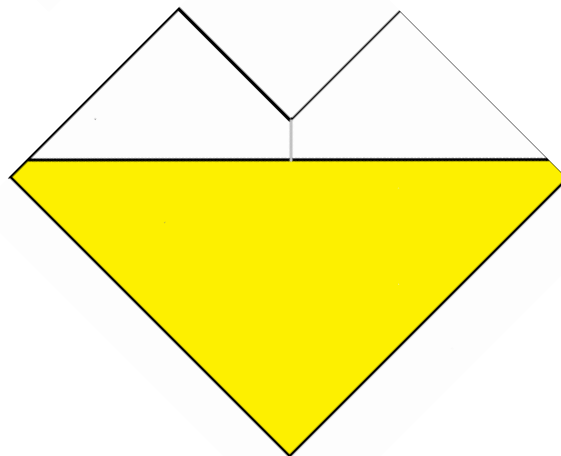
7. Fold the bottom corner to the top of the page to meet the outside edge of the triangle. Crease well.



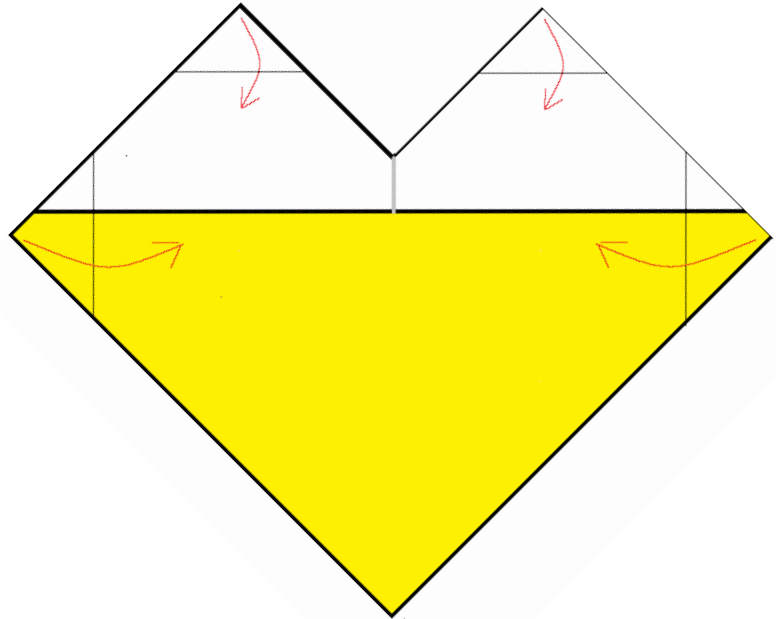
8. Fold the right and left sides in, bringing them together in the center. Crease well. This will create the bottom point of your heart.



9. Turn the paper over.



10. Fold the top point down on each side. Crease well. Fold the side point in on each side. Crease well.



11. Turn the paper over. Your message now resembles a heart!
You can decorate it if you want to.